

10A NCAC 28C .0105 MEALS

- (a) Each client in a state facility shall receive a balanced and nutritionally adequate daily diet.
- (b) Dietary services of the state facility shall adequately meet the individual dietary needs of the client and meet the preferences of the client to the extent possible.
- (c) The dietary service and dietary service personnel shall meet local and state codes.
- (d) The state facility dietary service shall serve at least three meals per day on a schedule which approximates a generally accepted morning, noon and evening meal.
- (e) Meals shall be served attractively.
- (f) Appropriate therapeutic feeding techniques shall be used if the client is unable to feed himself or herself.

History Note: Authority G.S. 122C-51; 131E-67; 143B-147;
Eff. October 1, 1984;
Amended Eff. April 1, 1990; July 1, 1989;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. March 6,
2018.